

# **The School Liaison Group (formerly JDP) ANNUAL LEADERSHIP CONFERENCE Health and Well-Being**

**Friday 3<sup>rd</sup> May 2019**

**Registration & breakfast buffet from 8.30am**

(Please come early to browse the wide range of stands and information)

**Conference starts at 10am until 3.15pm  
The Pavilions Conference Centre, Harrogate**

This Leadership Conference, organised by your SLG Reps is a great chance to meet with North Yorkshire headteachers, senior leaders, friends old & new.

Keynote speakers:

## **Natalia Cohen**

Natalia's broad range of professional experience within the travel industry includes adventure tour leading, operations management, teaching/training, volunteer and project coordination, as well as working within the Super Yacht industry and Eco-lodge management, running a remote Safari lodge in Tanzania. Natalia is no stranger to being outside of her comfort zone and has made an art of embracing and adapting to change. Her understanding of team dynamics, the importance of a positive mindset and the ability to live in the moment led her to become part of the first all-female team to row unsupported across the Pacific Ocean. Natalia and the crew completed this challenge in January 2016 setting two world records and gaining an international following. This was a journey of just under 9,000 miles from San Francisco, USA to Cairns, Australia in a 29ft ocean rowing boat. The expedition was not only a challenge of extreme conditions and perseverance but also a journey within to better understand the strength of human spirit, the importance of being aligned with your values, a positive mindset, the diversity within a team and enjoying the journey. Natalia's vision is to empower others to reach their potential, push through their self-limiting mental boundaries and meet and overcome the challenges that life throws at them. She may have crossed her literal Pacific, but we all have our own Pacific to cross.

## **Sinead McBrearty – Acting CEO of Education Support Partnership**

Sinéad is an experienced manager and leader with a breadth of knowledge and experience spanning strategic planning, service innovation, operational management, governance, organisational development and change. She spent the first half of her career at KPMG's financial services business unit. She then moved to the not-for-profit sector as Deputy Chief Executive at Social Enterprise London and then at award-winning social enterprise Director of Women Like Us. As an organisational development consultant with Systemic Coaching Partners, she worked with private and public sector organisations on business change programmes.

She is a trustee of The Kaleidoscope Trust and an associate governor at Sudbourne Primary School.

## **Paul McGee**

Paul is one of the world's leading motivational speakers on the subject of change, workplace relationships, leadership and customer service. Building on his background in psychology, Paul aims to deliver a practical, relevant message that can make an immediate impact on people's personal and professional lives. His approach is inspirational and humorous as he seeks to deliver a memorable experience to equip people with insights and ideas to increase their personal effectiveness and impact. Paul's work has been endorsed by the Elite Performance Director of the British Olympic Association - Sir Clive Woodward - and he has appeared on, and is a regular contributor to, Radio 5live. Paul's provocatively titled book SUMO (Shut Up, Move On) has been a *Sunday Times* bestseller, and his book on Self Confidence reached number one in the WH Smith Business Book chart and

remained there for 24 weeks. He has also written books on public speaking, 'How to Speak so People Really Listen', managing anxieties in 'How Not to Worry' and tips 'How to Have a Great Life'. His clients include prominent blue-chip organisations, public sector bodies and a leading Premiership football club. Paul's goal is simple. He wants to help people achieve better results in life and have more fun in the process, as he seeks to deliver a memorable, motivational, moving on experience.

**Exceedingly good value at £95 for 1<sup>st</sup> delegate, £75 for 2<sup>nd</sup> delegate  
Maximum of two places per school.**

*(We warmly invite Heads to bring their Deputy, Assistant Head or Senior Teacher. Delegates are welcome from ALL phases of education)*

**See below for details about booking a place**

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**Please complete this form and return to:**

**Mrs Caroline Davies, Goldsborough C of E Primary School, Main Street, Goldsborough, North Yorkshire HG5 8NJ**

**Name of School:**

**DFE number:**

**Email address for confirmation of booking:**

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**Telephone number (including code):**

**First delegate's name:**

**Requires a vegetarian meal: yes/no**

**Second delegate (if applicable):**

**Requires a vegetarian meal: yes/no**

Please tick which option you have chosen for payment:

- I am enclosing a cheque payable to 'NYCC JDP Conference Acc' for £95/£75 per delegate. Remember to enclose your cheque with this reply slip
- I am paying directly using BACS  
**Sort code: 05-07-12**  
**Account No: 39492536**

For enquiries about your booking please phone Mrs Davies -01423 862617.

Any general enquiries about Conference, contact your local SLG rep. Acknowledgement and confirmation of your booking will be sent to the email address given on this form. Each school has a maximum allocation of 2 places. Thank you.